

MONTGOMERY TOWNSHIP RECREATION DEPARTMENT

LAP SWIM MEMBERSHIP FORM

March 2019 — Aug 2020

NAME: _____ BIRTHDATE: _____

ADDRESS: _____

PHONE # _____ EMERGENCY PHONE # _____

EMAIL ADDRESS _____

Note: We cannot process your registration without an email address

I _____ REALIZE THERE IS A RISK OF BEING INJURED THAT IS INHERENT IN ALL SPORTS INCLUDING SWIMMING. I REALIZE THE RISK OF INJURY MAY BE SEVERE INCLUDING THE RISK OF FRACTURES, BRAIN INJURIES, PARALYSIS OR EVEN DEATH. I AM AWARE OF THESE RISKS, TO ME AND MY FAMILY, AND CHOOSE TO PARTICIPATE IN MONTGOMERY RECREATION AQUATICS PROGRAM. I FURTHER UNDERSTAND THAT NO REFUNDS WILL BE GIVEN.

(Participant Signature/ parent if under 18)

(Date)

MEMBERSHIP TYPE (please circle one)

Individual \$55 Family \$110 Senior/ Student, Military \$25 10 Daily Tickets \$55

If you have checked FAMILY, please list all individuals living within your household, as well as their birthdates.

Name

Birthdate

Name	Birthdate

POOL MEMBER INFORMATION

Welcome to the Montgomery Recreation Aquatics Program at the MHS Aquatics Center. Your membership entitles you to use the facility for lap swimming during operation hours. However, the pool is a shared school facility and they receive priority. Only school staff has pool access and must be present to open the pool.

Pool Hours:

Fall/Winter/Spring Season:

Senior Citizen Lap Swim: Monday & Wednesday 6:00 — 6:30pm & Friday 5:30 — 6pm

All Members: Saturdays 11:00 — 3:00pm, Tuesday, Thursday, & Friday 6:00 — 9:00pm, Mondays & Wednesdays 6:30 — 9:00pm

Sunday CLOSED

Summer Season: (subject to change based on camp schedule)

Monday through Thursday 3 — 8pm. Pool is closed on Friday and Saturday.

*Days and times are subject to change

Parking and Access:

The aquatic center is located in the rear of the high school facing Skillman Road. Parking is available outside the pool entrance. The pool will not be accessible from any other entrance in the building.

Locker Rooms:

The locker rooms are complete with bathroom facilities, lockers (lock not provided) changing rooms and showers. Please lock all personal items in lockers and remove your belongings at the end of your visit.

Lap Swimming Etiquette:

1. Always stay on the right side of the lane. Swim in a counter clockwise circle.
2. When entering an occupied lane, please let the swimmer know as you enter the water.
3. Try to keep pace and maintain a reasonable distance between swimmers.
4. When passing, notify the swimmer in front of you with a tap on the foot. Try to wait to pass at the wall.
5. Pay attention to swimmers who are gaining on you.
6. Please do not stop in the middle of the lane.
7. Please allow enough room at each wall for turns.

Rules:

No private coaching

All swimmers must be able to swim 2 continuous laps

Appropriate swim wear required

Be sure to "check in" at the guard station upon arrival

Change in locker rooms only

Bare feet or pool shoes only when on deck

No food or drink in pool area

Do not use diving boards

Swimmers under 13 must be accompanied by adult

Abide by all State Bather Regulation Codes posted on deck



Email our Aquatics Director and request to be placed on the email distribution list; montgomeryaquaticsnj@gmail.com to receive monthly calendars and pool closure information.